

# Questions to Ask Your Doctor about a Medications

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Quality healthcare is a team effort. And as the most important member of your Care Team, you can make sure you get the best possible care by being prepared for your appointment and asking questions before, during and after your visit.

But what questions should you ask? If you're visiting your doctor to talk about a medication, here's a list of questions you can print and bring to your appointment.

Don't forget, making sure you understand the answers you get is just as important. It's always a good idea to take notes. And if you don't understand or are confused, ask your doctor to explain the answer again.

- What is the name of the medicine?
  - What is the medicine for?
  - Can I take a generic?
  - When should I take it, and how often?
  - How much should I take?
  - How long do I need to take the medicine?
  - Are there any side effects?
  - Do I need to take the medicine with food?
- Do I need to avoid any food, drinks or activities?
  - What should I do if I forget to take my medicine?
  - What should I do if I accidentally take more (or less) than the recommended dose?
  - Should I get a refill, and if so how many?
  - Should I stop taking any of my other medications or vitamins?
  - Is there written information I can have?

## Notes:

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